



LESSON 92
Miracles are seen in light,
and light and strength are one.

Sarah's Commentary:

The cost of our independence, which we call our free will, is that we have cut ourselves off from the source of real power and strength. We now feel small, weak, sickly, needy, helpless, afraid, sad, poor, joyless, ultimately lacking, vulnerable, and deprived. We see ourselves in a world of suffering that we made, ending in our death, which we see as our release. This is insanity according to Jesus. He says this insanity comes from our belief that we are bodies, different and separate from each other. Feeling our weakness, we puff ourselves up into a show of ego strength, but all the time it is just an attempt to hide our underlying weakness. When we feel weak, we are fearful, but we try to hide our fear and weakness. This makes us feel even more vulnerable and concerned that our weakness will be seen, so we create defenses and now fear attack. Attack comes out of weakness. **"Strength comes from truth, and shines with light its Source has given it; weakness reflects the darkness of its maker."** (W.92.5.1) Strength sees no need to attack, for **"Strength overlooks these things by seeing past appearances."** (W.92.4.1)

"His strength denies your weakness." (W.92.3.2) Jesus says, **"You always choose between your weakness and the strength of Christ in you."** (T.31.VIII.2.3) (ACIM OE T.31.VIII.86) When we think we are a separate, individual self, what keeps us feeling strong is our specialness. If we were to let our specialness go and experience the light, it would render the ego identity weak. That is the reason for our fear of the light while we identify with the body and personality. When we rely on our eyes and our brains and focus on our uniqueness and individuality, we will be threatened by the light. Light is where our true strength is. The ego's strength is built only on the illusion of strength.

Jesus makes it clear that our version of seeing is tied in with the body's eyes, and our version of thinking is about the body's brain. Clearly, this is what we think, but Jesus makes it sound like such a ridiculous idea that we should simply laugh at it. This puts everything we think we know in question. Who is it that is thinking and reading the words on this page? We must join with Jesus so he can help us to awaken to the truth of our reality, which is why he came.

Only when we plug into the Source of our real strength, God, can we know the Christ Self. Strength looks past appearances. With strength, we think with God's mind and call upon His strength. When we do, we question the beliefs we hold, the thoughts we think with our brain, and the images we see with our eyes. This is terrifying if we really accept it since it means we don't know what and who we are. **"I do not know the thing I am, and therefore do not know what I am doing, where I am, or how to look upon the world or on myself."** (T.31.V.17.7) (ACIM OE T.31.V.60) When we recognize and are willing to admit this, we become willing to be taught.

When we think that we know and have everything figured out, our arrogance and our investment in our identity as separate individuals will not allow for this questioning.

Jesus even looks with amusement at our belief that wearing glasses helps us to see. We are learning that true vision is not of the eyes and only when we think with the Mind of God do we have true perception. With true perception, we see with vision, while with the ego, we see only the separate and the different. With separation comes judgment and attack. **"Truth is a savior and can only will for happiness and peace for everyone. It gives its strength to everyone who asks, in limitless supply."** (W.92.5.3-4)

When we look, **"It is your weakness that sees through the body's eyes, peering out in darkness to behold the likeness of itself; the small, the weak, the sickly and the dying, those in need, the helpless and afraid, the sad, the poor, the starving and the joyless."** (W.92.3.3) This is not seeing because these observations are what actually stop seeing. If we could see truly, we would see beyond these appearances. Real sight would keep **"its steady gaze upon the light that lies beyond them."** (W.92.4.1) Instead of seeing differences among us, we would be joined in the one light where there are no differences. This does not mean we don't see what the body's eyes report, but we realize our perceptions need not block our vision. When we ask for help to see beyond appearances, we will be helped to release our judgments and interpretations and see the truth of our brothers' reality. It is not about what our eyes show us in form (behavior) but about the content of love beyond the form that we all share.

The ego thought system is kept intact as a result of seeing differences. It judges others as guilty while seeing ourselves as special and better than those we see as sinners. When we look with vision on our brothers, we recognize the One Self we truly are. The ego identity is not the truth about us. It is just an **"idol falsely worshipped and adored that strength may be dispelled, and darkness rule where God appointed that there should be light."** (W.92.4.7) Why would we want that? We want it because we are attached to our bodies and personalities. We accept weakness and darkness because we still value this separate self. We choose the separate self instead of vision as a way to keep our special identity. We value our specialness, separateness, and uniqueness and thus stay invested in this illusion. From this perspective, we can only judge and condemn, but we cannot truly love. Even under the guise of thinking that we are loving beings, there is the underlying judgment where we see others not as loving as ourselves.

Every day, as we focus on the Lessons, we change our thoughts bit by bit until we take in a whole new thought system. Increasingly, as we build this thought system, we connect with the truth of who we are. Today is a big step in undoing our belief in the self we have made. It is encouraging to know, **"Strength is the truth about you; weakness is an idol falsely worshipped and adored that strength may be dispelled, and darkness rule where God appointed there should be light."** (W.92.4.7) We will experience anxiety at the thought of releasing our identity and our investment in the world, but we are not asked to give up anything. We are only asked to question who we think we are and join with the Holy Spirit with a willingness to look at what we have made of ourselves. When we take that step, we can't fail. **"No one can fail who seeks to reach the truth, and it is truth we seek to reach today."** (W.131.10.2) Jesus won't do it for us. We must be in agreement with him and ask for his help. We must join with him so he can help us to awaken to the truth of our reality which is why he came. Why would we not want to avail ourselves of his help?

"The light of strength is not the light you see. It does not change and flicker and go out. It does not shift from night to day, and back to darkness till the morning comes again." (W.92.7.4-6) Jesus is challenging the way we see light, which is constantly changing and

shifting, whether it be candlelight, incandescent bulbs, firelight, or sunlight. **"The light of strength is constant, sure as love, forever glad to give itself away, because it cannot give but to itself."** (W.92.8.1) This light is available to anyone who asks for it with sincerity. Once it is experienced, everything changes. It is the light of forgiveness, which brings the miracle and changes us. We now see the impermanent world of darkness as valueless.

Today, we spend a longer time in quiet meditation in the morning and evening. What we are doing is asking for help to bring our little self to the Self we are. We are bringing our darkness to the light. We are bringing our weakness to His strength. We are watching our thoughts and placing them on the altar within. We are bringing the match we think that lights the sun to the Sun. In this, we recognize our Source. We affirm our true power as a channel for miracles.

Without this sincere desire of the heart, we can't be helped. In the process, we leave the darkness for a while and question our investment in what our uniqueness and our specialness have brought us. We are not asked to go there permanently. Jesus is encouraging us to **"Leave then, the dark a little while today, and we will practice seeing in the light, closing the body's eyes and asking truth to show us how to find the meeting place of self and Self, where light and strength are one."** (W.92.10.4) As we do, we can see more clearly that the body will never protect us. Our only protection is in the truth of who we are.

"Morning and evening we will practice thus. After the morning meeting, we will use the day in preparation for the time at night when we will meet again in trust. Let us repeat as often as we can the idea for today, and recognize that we are being introduced to sight, and led away from darkness to the light where only miracles can be perceived." (W.92.11.1-3)

For the shorter practice periods throughout the day, repeat the idea for the day as often as you can with the reminder to yourself that you **"are being introduced to sight, and led away from darkness to the light where only miracles can be perceived."** (W.92.11.3) Thus, we welcome every opportunity throughout the day to choose the miracle that leads us from darkness to the light.

Love and blessings, Sarah
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